



**“Be the dopest version of yourself, the rest will take care of itself.”**

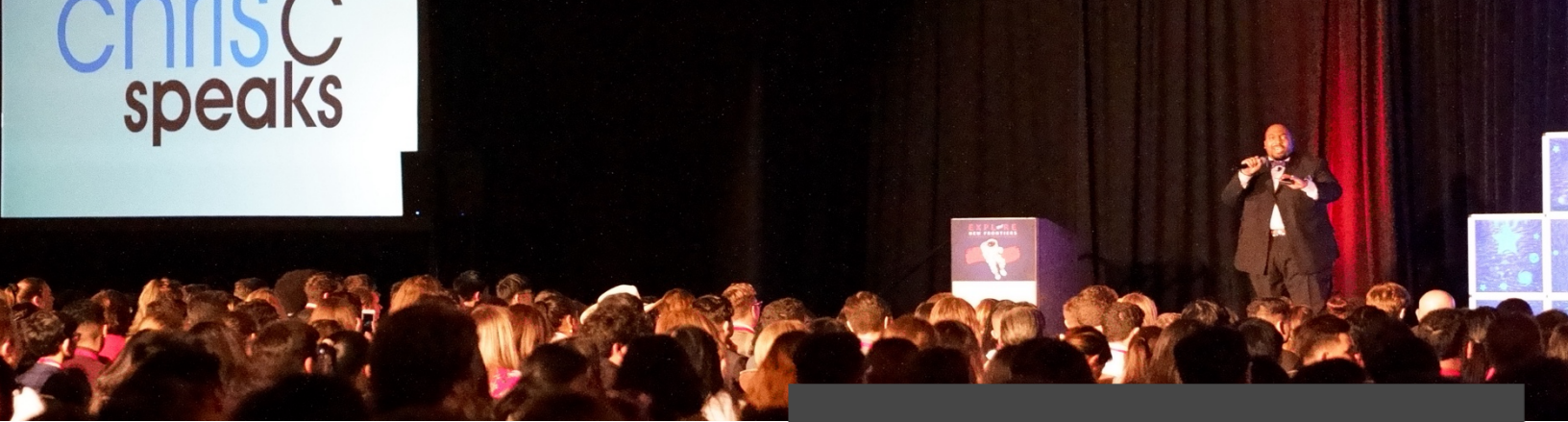
## CHRIS COLLINS

**Chris Collins** is a speaker, author, and consultant with a message that is inspiring students across the country. His unique blend of humor, knowledge, and energy provide high impact moments with results that last long after the presentation. Chris has delivered talks to all types of crowds, including two of the largest High School districts in the country, national conferences, Fortune 500 companies, and colleges and universities of every shape, size, and hue. He doesn't always give speeches but when he does, they're your favorite speeches favorite speech!

As a former student leader and current college speaker, Chris gets it! Chris' take on student leadership is one of the most interesting in the country because he blends his knowledge of leadership strategies, love of music, authentic desire to help students, to create a message that reaches students of every level.



**BOOK THIS SERIES**



## Leadership Is A Verb

Comparison is the thief of joy and the way society is set up, our students are comparing their lives to unrealistic fantasies. It's easy to be consumed by how many likes, views, and retweets that last post got. A lot of what we do isn't for just the clout but also the acceptance, comfort, or relief. Don't let the hype fool you, the things that make a lasting impact on your campus, in your community, and for your future are the actions we take.

**Sessions can be virtual or face-to-face and customized for students, parents and/or teachers.**

The real work happens with our sleeves rolled up taking action, creating and leading the change your world needs. Discover the tools needed for students to operate in their gifts/talents and be the dopest version of themselves. Let's escape the hype and lead! We can all be leaders because leadership isn't about a title or clout... LEADERSHIP IS A VERB!

## SERIES OBJECTIVES:

- *Students will learn how to make an impact on their campus, in their community, and for their future*
- *Students will understand why being involved and engaged in extracurricular activities is important to overall success.*
- *Students will learn the formula for achieving big goals and completing complex tasks.*
- *Students will learn how to navigate social and emotional triggers that derail positive behaviors.*



# SERIES SESSION OUTLINE

Duration of all Sessions: 45-90 min

Session descriptions available upon request

## Session 1: Leadership is a Verb **Virtual** **Face-to-Face.**

- Keynote Presentation
- Learning Objectives:
  - Control the narrative of who we are
  - Find the proper motivation for our actions
  - Understand how to live what we learn

## Session 2: Hello my Verb is -Be Human **Virtual** **Face-to-Face**

- Learning Objectives:
  - Learn the importance of creating social and emotional boundaries
  - What is my passion and how can I connect that to a plan
  - What are my stressors
  - How do I manage stress and expectations

## Session 3: Hello my Verb is - Be Accountable **Virtual** **Face-to-Face.**

- Learning Objectives:
  - How to make excellence a Habit
  - The importance of an accountability group
  - The Three P's of Respect

## Session 4: Hello my Verb is - Be a Role Model **Virtual** **Face-to-Face.**

- Learning Objectives:
  - What is a Role Model
  - What are the different types of Role Models
  - Why are you a Role Model?
  - How to be a Role Model

## Session 5: Hello my Verb is - Be a Mentor **Virtual** **Face-to-Face.**

- Learning Objectives:
  - The multiplying power of mentorship
  - How to be the best mentor of all time
  - Mentor/Mentee Relationship rules of engagement
  - How to get a mentor and maximize that experience

## Session 6: W.O.W. Goals **Virtual** **Face-to-Face.**

## Session 7: The 3 Most Important Questions **Virtual** **Face-to-Face.**

- Learning Objectives:
  - How to partner with community leaders to increase your reach and impact
  - The difference between “doing things AT’ and “doing things FOR”
  - Ways to implement change in your school
  - Formula for connecting and translating your extracurricular activities to your career

## Session 8: Navigating Failure: The Pre-req to Success **Virtual** **Face-to-Face.**

- Learning Objectives:
  - How to debrief and analyze your unsuccessful moments
  - Create personalized strategies to manage the emotional and social challenges of failure
  - The ability to regroup, refocus and rebuild after failure



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