

CREATING A SENSE OF FAMILY & BELONGING WITH OUR FIRST-GENERATION STUDENTS



ERNESTO MEJÍA

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BON DIA
JO REGGELT

GOOD MORNING

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Definition of a First- Generation Student

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As of academic year 2015–16, 56% of undergraduates nationally were first-generation college students (neither parent had a bachelor’s degree), and 59% of these students were also the first sibling in their family to go to college.

Source: Center For First-Generation Student Success

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TOP FIVE CHALLENGES TO RELATIONSHIP-BUILDING WITH FIRST-GENERATION STUDENTS

Impostor syndrome

Financial challenges

The “I got this” syndrome

Cultural challenges

Family obligations

DATA ABOUT LISTENING

- **45% of a person's time awake is engaged in some kind of listening**
- **On average we hear between 20,000–30,000 words each day**
- **In other words, that's about 20-30 words per minute**
- **96% of people consider themselves good listeners**
- **On average we retain about 50% of a conversation**
- **Formal education on how to listen properly has only been undertaken by less than 2% of the population**

The First Step in Helping is Listening More

Mehrabian rule

55%

Body Language

38%

Tone Of Voice

7%

Spoken Word

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Celebrating Our Families

Give them a voice

**Engage them in
decision-making**



Active listening

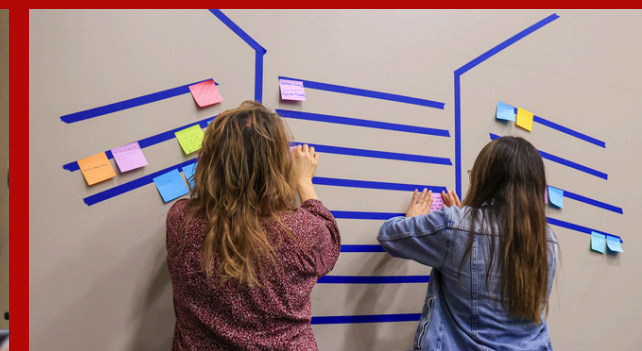
**Encourage leadership
roles**

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Friday	8:00 AM	Ernesto Mejía	Transitioning from Parent Engagement to Family Engagement: Understanding the Importance of Engagement
Friday	1:30 PM	Ernesto Mejía	Creating a Sense of Family & Belonging with our First-Generation Students
Saturday	10:00 AM	Ernesto Mejía	Family Engagement Reimagined: Exploring Alternatives Beyond Traditional In-Person Meetings



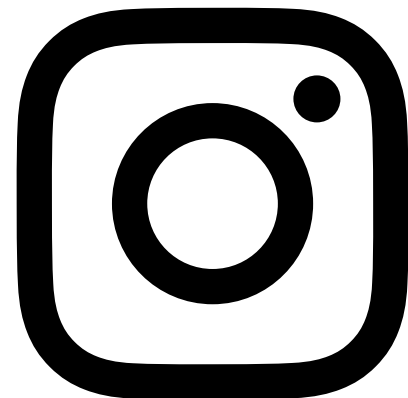


Scan to get access to the slides, resources, and more!

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